

## 124657 - Can We Read Quran While Lying Down?

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### the question

What is the ruling on reading Quran from the Mus-haf whilst lying down in bed for a person who is not suffering from any health or physical problem?

### Summary of answer

There is nothing wrong with reading the Quran from the Mus-haf while lying down in bed or on the ground. For evidence, see the detailed answer.

### Detailed answer

There is nothing wrong with reading the [Quran](#) from the Mus-haf whilst lying down.

Al-Bukhari (7549) and Muslim (301) narrated that the Prophet (peace and blessings of Allaah be upon him) used to lie in 'Aishah's lap and recite Quran.

Al-Nawawi (may Allaah have mercy on him) said in Sharh Sahāh Muslim:

“This indicates that it is permissible to read [Quran](#) when reclining and lying down.”

Shaykh Salih al-Fawzan said:

“There is nothing wrong with reading the Quran when lying down, whether one is lying on a bed or on the ground. There is nothing wrong with that. A person may recite Quran whatever position he is in, standing or sitting or reclining, and whether he has wudu or is in a state of minor impurity, if he is reciting from memory. But if he is reading from the Mus-haf, then it is not permissible for the one who does not have wudu to touch the Mus-haf unless he has done wudu.” (Al-Muntaqa min Fatawa al-Fawzan)

For more information about the issues related to lying down and sitting, please see these answers: [294088](#) , and [13822](#) .

And Allah knows best.