

## 221496 - Does Laser Hair Removal Break Your Fast?

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### the question

My body is covered with thick hair, and I want to get rid of it completely with a laser. Is it possible to do that when I am fasting? Or is the laser haram for men in all cases?

### Summary of answer

It is permissible to use a laser for removing the hair that the Lawgiver has commanded us to remove and for other permissible uses unless trustworthy doctors state that the body may be harmed by that. Laser hair removal does not break your fast because it has nothing to do with fasting.

### Detailed answer

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### Is it permissible to remove body hair?

Whatever the Lawgiver has instructed us to leave alone of hair on the body, such as the [beard](#) and [eyebrows](#) , nothing should be removed from them, whether that is done whilst fasting or at any other time.

What we have been commanded to remove, may be removed as much as indicated by Islamic teaching, such as the armpit hair, [pubic hair](#) , and the moustache in the case of men.

Whatever has not been mentioned in the teachings is pardoned. That includes hair of the nose, [chest](#) , back, legs and forearms.

## **Types of removal of hair**

Shaykh Ibn ‘Uthaymin (may Allah have mercy on him) said:

Removal of hair may be divided into several categories:

1. Hair which the Lawgiver has commanded us to remove, such as pubic hair, armpit hair and the moustache which we are commanded to trim.
2. Hair which the Lawgiver has forbidden us to remove: the hair of the beard and plucking the eyebrows is also prohibited.
3. Hair concerning which the Lawgiver has not said anything, such as hair on the head, legs, arms and the rest of the body. With regard to that concerning which the Lawgiver has not said anything, some of the scholars stated that it is not allowed to remove it, because removing it is changing the creation of Allah, and changing the creation of Allah is something that is enjoined by the Shaytan, because Allah, may He be exalted, tells us that he said (interpretation of the meaning): “and indeed I will order them to change the nature created by Allah” [an-Nisa 4:119]. Other scholars said that it is permissible to remove it, because nothing was said about it; shari’ah commands, prohibits and stays silent, and when it has stayed silent and said nothing, it is known that this is something that is neither enjoined nor prohibited, because if it was prohibited, shari’ah would have prohibited it, and if it was enjoined, it would have enjoined it.

The latter view is more likely to be correct, in terms of argument, because removing hair that it is not forbidden to remove is permissible.” (Majmu’ Fatawa wa Rasail al-‘Uthaymin, 11/205-206)

In conclusion, with regard to removing hair from the body, what matters is whether the Lawgiver has given permission to remove it.

## **Is laser hair removal allowed?**

After that, it makes no difference whether it is done by laser or any other means of removing it.

The basic principle is that [it is permissible to use a laser for that](#) and for other permissible uses, unless trustworthy doctors state that the body may be harmed by that. In that case it is not permissible to use that which will cause harm to it.

## **Does laser hair removal break your fast**

Moreover, this matter has nothing to do with the fast at all, because fasting does not make it allowed or disallowed to [remove hair whilst fasting](#) , and the fast is not invalidated or enhanced by that. It has nothing to do with it.

But if a person removes any of his hair by way of sin and disobedience, then doing so in Ramadan is worse, because he should guard against sin and disobedience before he fasts by refraining from food, drink and physical pleasures.

For more, please see this answer: [What Breaks Your Fast](#)

For more about fasting, see this category: [Fasting](#).

And Allah knows best.