

## 34552 - Can You Apply Kohl and Cream While Fasting?

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### the question

Do kohl and creams used by a woman during the day break her fast?

### Summary of answer

Applying kohl and cream while fasting does not break the fast. It is better not to use kohl during the day when fasting.

### Detailed answer

The Standing Committee for Academic Research and Issuing Fatwas said:

“If a person applies [kohl](#) during the day in Ramadan whilst fasting, that does not invalidate the fast, but if he feels a trace of it in his throat then to be on the safe side he should make up that fast. It is better not to use [kohl](#) during the day when fasting.

If a person applies [oil](#) or [cream](#) to his hair during the day in Ramadan when fasting, that does not invalidate his fast.

And Allah is the Source of strength. May Allah send blessings and peace upon our Prophet Muhammad and upon his family and Companions.” (Fatawa al-Lajnah al-Daimah, 10/253)