

49793 - How Much Is Zakat al-Fitr?

the question

We are members of a North African group living in Barcelona. How can we work out how much zakat al-fitr is?

Summary of answer

Prophet Muhammad enjoined zakat al-fitr on the Muslims, one sa' of dates or one sa' of barley, and he commanded that it be given before the people went out to the 'Eid prayer.

Detailed answer

Table Of Contents

- [How much is zakat al-fitr?](#)
- [Who should give zakat al-fitr?](#)
- [When should zakat al-fitr be paid?](#)
- [To whom should zakat al-fitr be given?](#)
- [Can zakat al-fitr be paid in cash?](#)

How much is zakat al-fitr?

“It was proven from the Messenger of Allah (peace and blessings of Allah be upon him) that he enjoined [zakat al-fitr](#) on the Muslims, one sa' of dates or one sa' of barley, and he commanded that it be given before the people went out to the ('Eid) prayer.

In al-Sahihayn, it is narrated that Abu Sa'id al-Khudri (may Allah be pleased with him) said: At the time of the Prophet (peace and blessings of Allah be upon him) we used to give one sa' of food, or one sa' of dates, or one sa' of barley, or one sa' of raisins.

Some of the scholars have interpreted “food” (ta’am) in this hadith as referring to wheat; others interpreted it as meaning the staple food of the country, whatever it is, whether it is wheat, corn, pearl millet or whatever. This is the correct view, because zakah is a help from the rich to the poor, and the Muslim does not have to help with anything other than the staple food of his country.

Undoubtedly rice is the staple food in the land of the Two Holy Sanctuaries (Saudi Arabia) and it is a good and valuable food; it is better than the barley that is mentioned in the text. Hence it is known that there is nothing wrong with giving rice as zakat al-fitr.

What must be given is a sa’ of any kind of staple food, i.e., a sa’ of the Prophet (peace and blessings of Allah be upon him), which is four complete scoops as scooped up with two hands, according to al-Qamus etc.

In modern weights, this is equivalent to approximately three kilograms. If a Muslim gives a sa’ of rice or some other staple food of his country, that is sufficient even if it is not one of the types mentioned in the hadith, according to the more correct of the two scholarly opinions.

There is nothing wrong with giving the equivalent amount by weight, which is approximately three kilograms.

Who should give zakat al-fitr?

Zakat al-fitr must be given on behalf of all Muslims, young and old, male and female, free and slave. [With regard to a foetus](#) , it is not obligatory to give it on his behalf according to scholarly consensus, but it is mustahabb, because ‘Uthman (may Allah be pleased with him) did that.

When should zakat al-fitr be paid?

[It is also obligatory to give it before the ‘Eid prayer](#) , and [it is not permissible to delay it](#) until after the ‘Eid prayer. There is nothing wrong with giving it one or two days before the ‘Eid.

Hence it is known that the earliest time when it may be given, according to the more correct of the two scholarly views, is the night of the 28th of Ramadan, because the month may be twenty-nine or thirty days. The Companions of the Messenger of Allah (peace and blessings of Allah be upon him) used to give it one or two days before 'Eid.

To whom should zakat al-fitr be given?

[Those to whom it must be given are the poor and needy](#) . It was proven that Ibn 'Abbas (may Allah be pleased with him) said: The Messenger of Allah (peace and blessings of Allah be upon him) enjoined zakat al-fitr as a purification for the fasting person from idle and obscene speech, and to feed the poor. Whoever gives it before the prayer, it is zakat al-fitr, and whoever gives it after the prayer, it is ordinary charity. This was narrated by Abu Dawud and classed as hasan by al-Albani in Sahih Abi Dawud.

Can zakat al-fitr be paid in cash?

[It is not permissible to pay the value in money](#) , according to the majority of scholars; this view has the stronger evidence. Rather it must be given in the form of food, as the Prophet (peace and blessings of Allah be upon him) and his Companions (may Allah be pleased with them) did. This is also the view of the majority of the ummah.

We ask Allah to help us and all the Muslims to understand His religion properly and adhere to it steadfastly, and to guide us, for He is the Most Generous, Most Kind. (Majmu' Fatawa al-Shaykh Ibn Baz, 14/200)

This is the estimation of Shaykh Ibn Baz (may Allah have mercy on him), who reckoned the weight of zakat al-fitr as being approximately three kilograms.

This was also the estimate of the scholars of the Standing Committee (9/371).

Shaykh Ibn 'Uthaymin (may Allah have mercy on him) estimated it in grams as being 2100 grams, as it says in Fatawa al-Zakah, p. 274-276.

This discrepancy occurred because a sa' is a measure of volume, not weight.

The scholars worked it out by weight so that it would be easier to work out. It is well known that the weight of grains varies; some are light and some are heavy, and some are in between. In fact the weight of a sa' of the same kind of grain may vary, and new may weigh more than old. Hence if people err on the side of caution and give more, that will be better. (See al-Mughni, 4/168, where it mentions something similar about working out the nisab of crops by weight.)

And Allah knows best.