

## 59911 - Is Islamic `Aqidah Theoretical?

---

### the question

Is Islamic `Aqidah a theoretical method or a practical method? What books can we read to learn about `Aqidah? How can we apply `Aqidah in real life? What are the ways of learning `Aqidah? Is doing one Islamic thing and not another (such as praying but not giving Zakah or not lowering the gaze etc) regarded as a fault in one's `Aqidah? Do the Muslims nowadays need someone to teach them `Aqidah?

I hope you can offer some information to one who wants to learn true `Aqidah according to the method of the Sahabah (may Allah be pleased with them).

### Summary of answer

Islamic `Aqidah is not a theoretical and philosophical method; action is an essential part of this `Aqidah. Hence the Ahl As-Sunnah agreed that faith consists of words and deeds, or speaking with the tongue, believing in the heart and acting with the physical faculties. With regard to applying this `Aqidah in real life, this is done by learning it, propagating it, calling others to it, and refuting those who go against it with wisdom and beautiful preaching.

### Detailed answer

#### Table Of Contents

- [Is Islamic `Aqidah Theoretical?](#)
- [Books on `Aqidah](#)
- [How to apply `Aqidah in real life](#)
- [How to learn `Aqidah](#)
- [What is the correct `Aqidah?](#)

## Is Islamic `Aqidah Theoretical?

**Islamic `Aqidah** is not a theoretical and philosophical method; action is an essential part of this `Aqidah. Hence the **Ahl As-Sunnah** agreed that faith consists of words and deeds, or speaking with the tongue, believing in the heart and acting with the physical faculties.

Whoever believes in Allah as his Lord and God, will worship Him and obey Him by praying, giving Zakah and so on.

Whoever believes in the Last Day and its reckoning and reward or punishment, will be motivated thereby to do that which Allah has commanded and abstain from that which He has forbidden.

Whoever believes that Muhammad (peace and blessings of Allah be upon him) is the Messenger of Allah will therefore obey him, follow his Sunnah and propagate his religion.

Thus the principles in which a person believes are translated into actions and words and efforts. The stronger that faith grows in his heart, the more its effects will be seen outwardly.

Hence the Prophet (peace and blessings of Allah be upon him) said: "In the body there is a piece of flesh which, if it is sound, the entire body will be sound, and if it is corrupt, the entire body will be corrupt. It is the heart." Narrated by Al-Bukhari, 52; Muslim, 1599)

Al-Hasan Al-Basri (may Allah have mercy on him) said: "**Faith** is not the matter of wishes or outward appearances, rather it is that which settles in the heart and is confirmed by one's actions."

Shaykh Al-Islam Ibn Taymiyah (may Allah have mercy on him) said:

"If the heart is sound in terms of faith, knowledge and feelings, then this will inevitably lead to the soundness of physical actions, such as verbal statements and deeds. As the leading scholars of Hadith said: Words and deeds, both inward and outward. What is outward must follow what is inward, so if what is inward is sound then what is outward will also be sound, and if it (the former) is corrupt, (the latter) will also be corrupt. Hence one of the

Companions said concerning the one who prayed carelessly: If his heart had been humble and focused, his body would have been humble and focused.” (Majmu` Al-Fatawa, 7/187)

## **Books on `Aqidah**

With regard to books which one may read about `Aqidah , there are many, the greatest of which are the Book of Allah and the Sunnah of His Messenger (peace and blessings of Allah be upon him), in which there is protection and salvation for those who adhere closely to them. The scholars were concerned with explaining and propagating sound `Aqidah , and they wrote innumerable books on this topic. Among the most famous of these books are the following:

- As-Sunnah by `Abdullah ibn Ahmad ibn Hanbal
- At-Tawhid by Ibn Khuzaymah
- Sharh Usul I`tiqad Ahl As-Sunnah by Al-Lalka`i
- `Aqidat As-Salaf wa As-hab Al-Hadith by Al-Sabuni
- Al-`Aqidah Al-Wasitiyyah by Ibn Taymiyah [available in English translation]
- [Al-`Aqidah Al-Tahhawiyyah](#) wa Sharhuha by Ibn Abu Al-`Izz Al-Hanafi
- Lawami` Al-Anwar Al-Bahiyyah by Al-Safarini
- Ma`arij Al-Qubul by Hafiz Hakami
- Al-Irshad ila Sahih Al-I`tiqad by Shaykh Salih Al-Fawzan – this is an easy and useful book.

## **How to apply `Aqidah in real life**

With regard to applying this `Aqidah in real life, this is done by learning it, propagating it, calling others to it, and refuting those who go against it with wisdom and beautiful preaching. This is how `Aqidah is spread and its effects made manifest so that all people may benefit from it.

## **How to learn `Aqidah**

The way in which `Aqidah may be learned is to learn it directly from those who believe in it and act accordingly. This is the soundest and best way for those who are able to do it. For those who are far away from scholars, they should refer to their commentaries, writings and tapes, as well as asking about confusing matters and anything they do not understand.

If a person follows some of the teachings of Islam and neglects others, by failing to do some of the obligatory duties or by committing some of the acts that are forbidden, this is a shortcoming in his faith and a weakness in his belief and his love for his Lord and His religion. This is undoubtedly a fault in his `Aqidah.

Hence one of the basic principles of [Ahl As-Sunnah wal-Jama`ah](#) is that faith increases by doing acts of worship and decreases by doing acts of sin. These shortcomings and faults may erase faith altogether, so that the person becomes an apostate from Islam, such as if he stops praying. Please see question no. [5208](#) and [2182](#) .

With regard to sins that do not reach the level of disbelief, such as withholding obligatory Zakah or looking at prohibited things and so on, these are things which cause faith to decrease.

## **What is the correct `Aqidah?**

The Muslims need people to explain pure, correct `Aqidah to them, that is based on the Quran and Sunnah according to the understanding of the righteous Salaf. That is because of the widespread existence of ignorance, innovations (Bid'ah), myths and deviant schools of thought.

Every Muslim must be sincere towards himself first of all, by learning correct `Aqidah from trustworthy sources, then by propagating it and teaching it to the people, by means of lessons and lectures, books, publications and magazines, thus fulfilling the duty to convey the message as Allah says (interpretation of the meaning):

“(And remember) when Allah took a covenant from those who were given the Scripture (Jews and Christians) to make it (the news of the coming of Prophet Muhammad and the religious knowledge) known and clear to mankind, and not to hide it.” [Al-`Imran 3:187]

“Let there arise out of you a group of people inviting to all that is good (Islam), enjoining Al-Ma`roof (i.e. Islamic Monotheism and all that Islam orders one to do) and forbidding Al-Munkar (polytheism and disbelief and all that Islam has forbidden). And it is they who are the successful.” [Al `Imran 3:104]

“Say (O Muhammad): ‘This is my way; I invite unto Allah (i.e. to the Oneness of Allah — Islamic Monotheism) with sure knowledge, I and whosoever follows me (also must invite others to Allah, i.e. to the Oneness of Allah — Islamic Monotheism with sure knowledge). And Glorified and Exalted be Allah (above all that they associate as partners with Him). And I am not of the Mushrikun (polytheists, pagans, idolaters and disbelievers in the Oneness of Allah; those who worship others along with Allah or set up rivals or partners to Allah.)’” [Yusuf 12:108]

And Allah knows best.