

## 7860 - When to Start Shawwal Fasting

---

### the question

When can I start fasting six days of Shawwal, since we have annual leave right now?

### Summary of answer

You can start fasting six days of Shawwal from the second day of Shawwal because it is haram to fast on the day of 'Eid.

### Detailed answer

You can start [fasting six days of Shawwal](#) from the second day of Shawwal because it is haram to fast on the day of 'Eid. You can fast the six days at any time during Shawwal, although the best of good deeds are those which are done soonest.

The Standing Committee received the following question:

Should fasting the six days be done immediately after Ramadan, following the day of 'Eid or is it permissible to do it a few days after 'Eid in the month of Shawwal or not?

They replied as follows:

“These days do not have to be fasted immediately after 'Eid al-Fitr; it is permissible to start [fasting them one or more days after 'Eid](#) , and they may be done [consecutively](#) or separately during the month of Shawwal, according to what is easier for a person. There is plenty of room for maneuver in this matter, and this is not obligatory, it is Sunnah.”

And Allah is the Source of strength. May Allah bless our Prophet Muhammad and his family and Companions and grant them peace.

And Allah knows best.